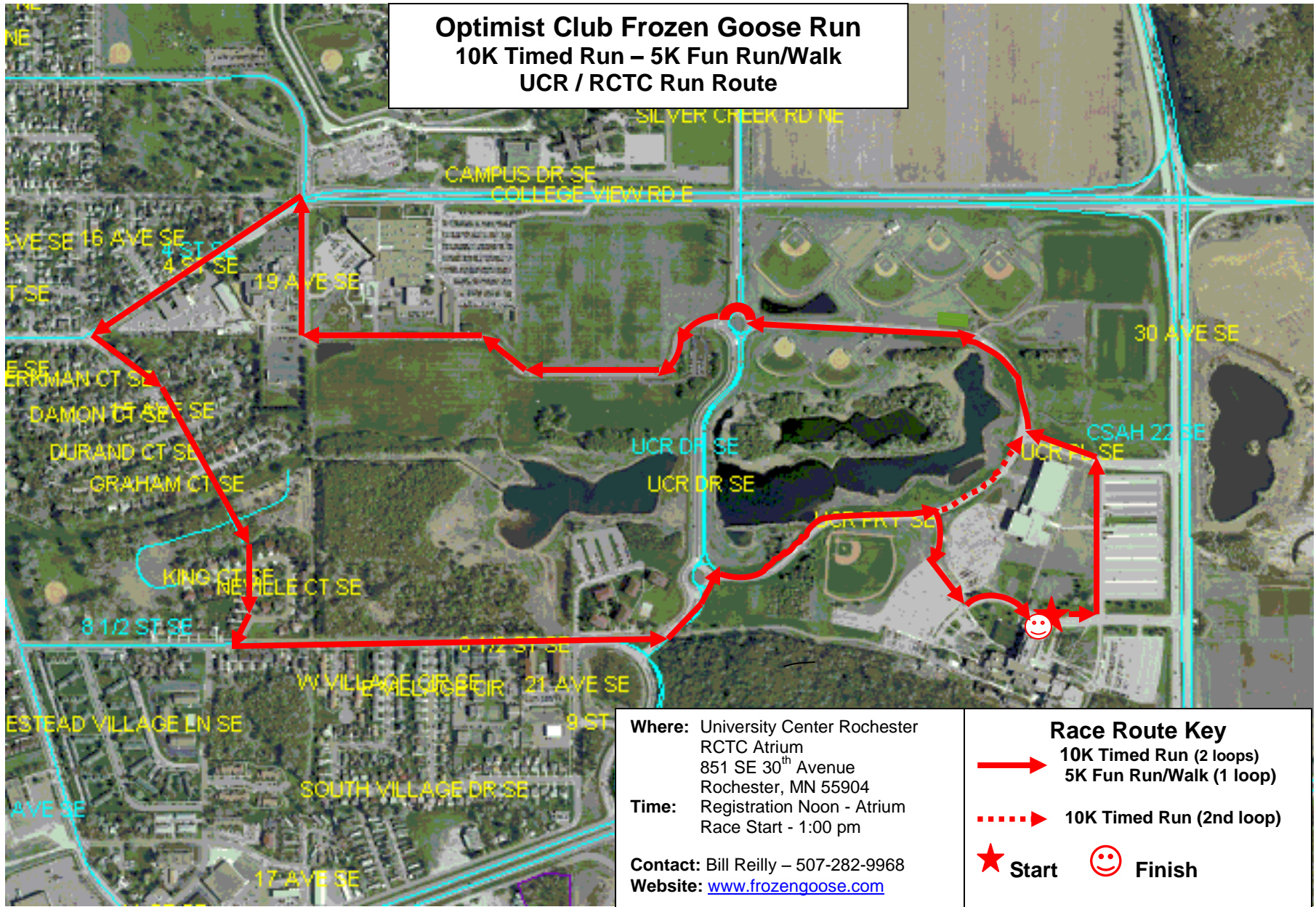


Optimist Club Frozen Goose Run
10K Timed Run – 5K Fun Run/Walk
UCR / RCTC Run Route



Where: University Center Rochester
 RCTC Atrium
 851 SE 30th Avenue
 Rochester, MN 55904

Time: Registration Noon - Atrium
 Race Start - 1:00 pm

Contact: Bill Reilly – 507-282-9968
Website: www.frozengoose.com

Race Route Key

 10K Timed Run (2 loops)
 5K Fun Run/Walk (1 loop)

 10K Timed Run (2nd loop)

 **Start**  **Finish**